



Roll No. _____

Answer Sheet No. _____

Sig. of Candidate. _____

Sig. of Invigilator. _____

FOOD AND NUTRITION SSC-I 2017
SECTION - A (Marks 12)

Time allowed: 20 Minutes

NOTE: Section-A is compulsory. All parts of this section are to be answered on the question paper itself. It should be completed in the first 20 minutes and handed over to the Centre Superintendent. Deleting/overwriting is not allowed. Do not use lead pencil.

Q. 1 Circle the correct option i.e. A / B / C / D. Each part carries one mark.

- (i) Nutrition depends on:
A. Health B. Water C. Food Nutrient D. Meat
- (ii) Our body is the combination of:
A. Uncountable Cells B. Bones
C. Blood D. Skin
- (iii) Fats is compound of:
A. Amino Acids B. Fatty Acids C. Saccharides D. Vitamins
- (iv) The deficiency of protein causes:
A. Dehydration B. Marasmus C. Goiter D. Rickets
- (v) Vitamin C is essential for:
A. Rickets B. Collagen C. Scurvy D. Haemoglobin
- (vi) The deficiency of Vitamin-A in human body causes:
A. Night blindness B. Scurvy C. Rickets D. Goiter
- (vii) Water is essential after?
A. Oxygen B. Protein C. Vitamin D. Nitrogen
- (viii) What is essential for thyroid glands?
A. Iodine B. Iron C. Phosphorus D. Calcium
- (ix) Buffet method of meal service is:
A. Informal B. Formal C. Courses D. Eastern Style
- (x) In western meal service style we use:
A. Formal and Informal Style B. Daster Khawan Style
C. Buffet method D. Tray service
- (xi) Water soluble vitamins are:
A. Vitamin 'C' and 'B' complex B. Phosphorus
C. Iodine D. Vitamin A, D, C and K
- (xii) Iron provides us:
A. Oxygen B. Iodine C. Calcium D. Minerals

For Examiner's use only:

Total Marks:

12

Marks Obtained: