

Element of Home economics (9th)

Time 2:40 Hrs

SECTION - B

Q.2 Attempt any 9 questions of the following:

- i) Define Home Economics and which organization initiated it?
- ii) Describe the relationship between health and home economics.
- iii) Define Nutrition and name the fundamental nutrients.
- iv) What nutrients do we find from meat and its group?
- v) How is the proper maintenance of the refrigerator and freezer?
- vi) What is the role of the protein in the body? State briefly.
- vii) Write instructions for preventing the wastages of nutrients.
- viii) What does the environment mean? Describe its types.
- ix) What is the difference between growth and development?
- x) The role of a father is important in determining the gender of the child. Explain.
- xi) What is the importance of mental development in childhood?
- xii) What is the importance of a family in a person's life?

SECTION - C

Marks: 24

Note: Attempt any THREE questions:

- Q. 3 What is the importance of home economics for the individual and family?
- Q. 4 Why are fat and vitamin necessary for us?
- Q. 5 Highlight the group of five nutrients and their importance.
- Q. 6 Describe in detail the safety measures in the kitchen.
- Q. 7 Describe parents' different training skills.