

2- درج ذیل میں سے کوئی سے چھ اجزاء کے مختصر جملہات تحریر کریں۔ $6 \times 2 = 12$

- Answer briefly any SIX parts from the followings:- $6 \times 2 = 12$
- (i) What are the main areas that home economics covers?
 - (ii) Describe the relationship of home economics with physical and mental growth of people.
 - (iii) Write the names of different branches of home economics.
 - (iv) What is meant by under nutrition?
 - (v) Which disease is caused in children due to protein deficiency?
 - (vi) Which are the best sources of Vitamin D?
 - (vii) Write the functions of Vitamin C in body.
 - (viii) Describe the relationship of nutrition to good health.
 - (ix) Define Malnutrition.

- 3- درج ذیل میں سے کوئی سے چھ اجزاء کے مختصر جملہات تحریر کریں۔ $6 \times 2 = 12$
- (i) Write two manners of eating.
 - (ii) What is meant by formal meal service?
 - (iii) Write two principles of food storage.
 - (iv) How nutrition can be retained during cooking?
 - (v) How many methods are used for meal service?
 - (vi) Describe the importance of cleanliness during meal service.
 - (vii) Write down the methods of food storage.
 - (viii) How fruits and vegetables are dried for preservation?
 - (ix) Why cleaning of freezer is necessary?

- 4- درج ذیل میں سے کوئی سے چھ اجزاء کے مختصر جملہات تحریر کریں۔ $6 \times 2 = 12$
- Answer briefly any SIX parts from the followings:- $6 \times 2 = 12$
- (i) How is the period of early childhood?
 - (ii) How sense of seeing works in new born baby?
 - (iii) How cognitive development takes place in middle childhood?
 - (iv) What is the effect of selfish behaviour on child's life?
 - (v) What is the effect of thumb sucking on child's physical development?
 - (vi) Write briefly about role of school in child's social development.
 - (vii) How children show feelings of jealousy?
 - (viii) How siblings affect child's personality?
 - (ix) What advantages a child gets from peer relationships?

- Note: Attempt any three questions. $8 \times 3 = 24$
- نوٹ: کوئی سے تین سوالات کے جملہات تحریر کریں۔
- 5- ہوم اکنامکس کا دیگر مضامین سے تعلق کی وضاحت کیجیے۔
 - 6- مندرجہ ذیل پر نوٹ لکھیں۔
 - (i) خشک پکانے کا طریقہ
 - (ii) ترپکانے کا طریقہ
 - 7- کھانا پکانے کے کتنے طریقے ہیں۔ کسی دو کی وضاحت کریں۔
 - 8- نارمل معاشرتی رویے تفصیل سے بیان کیجیے۔
 - 9- بچوں کی نشوونما پر والدین اور بچوں کے تعلقات کے اثرات لکھیں۔
- Describe the relationship of Home-Economics with other subjects.
- Write note on the following:
- (i) Dry Heat Cooking Method (ii) Moist Heat Cooking Method
- How many methods of cooking are? explain any two methods.
- Describe normal social behaviours in detail.
- Write down the effects of parents children relationships on the development of child.